

March 10th , 2019

A Word from our Pastor

Dear Friends,

This past Wednesday we reflected on being dust and returning to dust. The ashes we received connected us to the creation story from the book of Genesis.

The ashes are also a sign of our penitence. The last thing that we want to do is offend God, and we are sorry for the times that we have done so. And the ashes are a sign of our grief. There have been opportunities in our lives to follow

God and follow His commands that have been squandered. And that's a cause of sorrow.

Ash Wednesday is the beginning of the Lenten season, and it's also the start of what often feels like a very slow trek towards Easter. We begin with ashes not to stay there, but to experience the power and the glory of the resurrection at Easter. The contrast couldn't be starker. The more we understand the bad news, what sin does to us, the more we appreciate the good news, what Christ has done for us.

We are introducing a minor liturgical change at Holy Trinity. You will notice that when the priest(s), deacon, and servers process in for Mass, those not carrying anything will first genuflect to the tabernacle, and then bow to the altar. On the way out, they will bow and then genuflect. This acknowledges the presence of Jesus in the tabernacle. During the Mass, the focus is on the altar, but before and after, the Lord's presence in the tabernacle takes precedence. This may take a little bit of coordination at first, but I think we will all get synced up quickly.



Fr. Bryan Sabourin, CC

Happening Hub



The Way of the Cross starting on March 8th

St. Elizabeth Seton Church
Tuesdays after 7pm Mass

St. John Vianney Church
Fridays @ 7pm

St. Francis of Assisi Church
Fridays @ 7pm

New time and location for Friday March 15th Weekday Mass

10am Ivy Meadows Nursing Home
BeaverBank NS

Holy Trinity Lenten Day of Reconciliation

Mark your calendars for our Day of Reconciliation and Confession during Lent on Saturday March 30th from 10am-2pm. At St. John Vianney Church . Many priests will be available.

Holy Trinity Presents
**A Lenten
Parish Mission**
By: Fr. Allan MacDonald, CC
March 24-27, 2019

Discipleship Corner



Jeff gives it up for Lent.

In Catholic circles, there's one question everyone asks of fellow Catholics this time of year: 'What are you giving up for Lent?' It's an ingrained part of Catholic culture to make a small sacrifice during Lent, and I suspect many of us do it out of habit rather than out of conscious thought. However, this week's readings invite us to focus on how those sacrifices train us to follow God.

The first reading recalls the history of the Israelite people who passed through a time of oppression and slavery, to be restored to a free and prosperous nation. In return the Israelites offer God a memorial prayer and the first fruits of their labor in gratitude. The exchange is laughably one-sided: total freedom in exchange for some produce, yet it is a sacrifice nevertheless and a practice for much larger and more meaningful ones.

In the second reading Paul's words touch on the power of a sincere confession of faith. The whole of salvation is freely offered to us, and our only 'payment' for such a gift is the confession that God is Lord of our life. In our world today, as in the time of Paul himself, this confession can be very difficult to make as societal pressure tries to choke out faith, yet we are called to make it in order to practice for even more substantial sacrifices.

Lastly in the Temptation in the Desert, Jesus highlights the true sacrifice we are called to make: the sublimation of our will to God's Will. The Gospel makes it plain the state Jesus is in after 40 days in the desert: hungry, tired, and isolated; yet in spite of the temptations the devil throws at him Jesus' heart aligns with that of the Father, and in each instance he chooses God's will over temporal satisfaction.

The small sacrifices of Lent, such as giving up Tim's in spite of Roll-Up-The-Rim, can bring us to a deeper level of personal sacrifice if we engage with them consciously. Of course, we can make meaningless sacrifices which serve only to make us miserable, but that is not what God asks of us at any point of the year, let alone during Lent. Rather, the sacrifices of Lent, practiced with intention, can lead us to see the areas in our life where God can increase and we can decrease, and train us to say 'Yes' to God more every day!

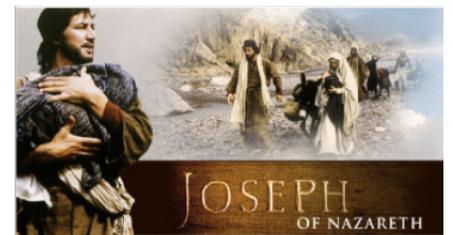
~ Alex Craven

STEUBENVILLE FUNDRAISER MOVIE NIGHT – All are invited to come to our Steubenville youth and attend our upcoming movie night from **6 PM – 9 PM FRIDAY MARCH 15TH at SES!**

6 – 7 PM : Mission Talk on St Joseph

7 - 9 PM : Screening of *Joseph of Nazareth*

Refreshments will be available for purchase and all proceeds and donations go to support our youth preparing to attend Steubenville this summer! A children's room will be available for families with younger children!



Please contact Alex at 902-865-2112 ext. 23 or faithformation@holyltrinityns.ca if you are interested

Ministry Minute

LENTEN CANNED FOOD DRIVE

The youth of Holy Trinity Pastoral Unit are collecting canned and non-perishable foods as our Lenten Service Project. All proceeds will be donated to Beacon House Food Bank to help those in need in our community! **Suggested donation items are:** *Canned Fruit/Vegetables, Canned Tuna/Fish, Canned Soups/Stews, Canned Pasta, Pasta sauce, Peanut Butter/Jelly, Juice boxes, Fruit cups, Granola bars, Boxed cereal, Kraft Dinner, Hygiene products, Diapers*

If you are willing and able to donate, please put your donation items in plastic shopping bags and drop them in the St John Vianney 'BEACON HOUSE' bin between March 17th and March 22nd and we will collect the contents for our youth to distribute to Beacon House.



Pancake Supper Thank you!

Thanks to all who helped in any way with the Pancake Supper on Shrove Tuesday at St. Elizabeth Seton Church. A donation of \$500 was made to Development & Peace from the goodwill offering.

Lay Associates Prayer Vigil

All are invited to join the Lay Associates of the Companions of the Cross for a prayer vigil in the Chapel at St. John Vianney during Eucharistic Adoration for our church renewal and for our priests on Wednesday March 20th at 7pm. **(Note change of date)**

Beacon House March Top 10

1. Boxed cereal
2. Canned meat
3. Canned fish
4. Pasta sauce
5. Canned fruit
6. Muffin mix / cake mix
7. Pudding cups
8. Juice
9. Diapers
10. Soap

2018 Income Tax Receipts are now available in the foyer at each church for pick up.



Holy Trinity Pastoral Unit

1 Church Family, 3 Locations

St. Elizabeth Seton - St. Francis of Assisi - St. John Vianney

Parish Office: 4 Beaver Bank Road
Lower Sackville, NS. B4E 1G3

Phone: 902-865-2112

Fax: 902-864-8645

For emergency Anointing of the Sick: 902-865-6133

Office hours: Monday-Friday 8:30 am – 12:00 pm

Email: office@holyltrinityns.ca

Website: www.holytrinityns.ca

Facebook: Holy Trinity Pastoral Unit

OUR STAFF

Fr. Ken Lao CC. ext.0

Pastoral Administrator

Fr. Bryan Sabourin CC. ext.0

Associate Pastor

Rod Rowlands. ext.0

Deacon

Parish Office: ext.0

Liz Muller ext 21

Receptionist and Bookkeeper

Catherine Kidson ext 24

Director of Operations

Alex Craven ext 23

Coordinator of Family Faith Formation

Kate Pinto ext.33

Coordinator of Evangelization & Ministries

Stephen McDonald ext.0

Coordinator of Stewardship

MASS TIMES

SUNDAY, THE DAY OF THE LORD

Saturday	4:30 pm	St. John Vianney
Sunday	8:00 am	St. Francis of Assisi
Sunday	10:00 am	St. John Vianney
Sunday	12:00 pm	St. Elizabeth Seton

WEEKDAY MASSES

Tuesday	7:00 pm	St. Elizabeth Seton
Wednesday	9:00 am	St. John Vianney
Thursday	9:00 am	St. John Vianney
Friday	9:00 am	St. John Vianney

SACRAMENT OF RECONCILIATION

Tuesday 6:30-6:45pm St. Elizabeth Seton Wednesday
8:30am-8:45am St. John Vianney Saturday 3:45-4:15pm St
John Vianney or by appointment at any of our three Churches.

EXPOSITION OF THE BLESSED SACRAMENT

Wednesday at SJV following 9 am Mass and concludes at 10
pm with Reposition. Thursday & Friday at SJV following 9 am
Mass concluding at 10:30 am

PRAY THE ROSARY

Tuesday 6:30 pm	St. Elizabeth Seton
Wednesday (Pro-Life) 8:00 am	St. John Vianney
Thursday & Friday 9:40 am	St. John Vianney
<i>On Friday, recited for Peace in the World, as per Pope Francis'</i>	
Saturday 9:00 am	St. John Vianney
<i>(Marian Movement of Priests Cenacle with Rosary)</i>	

MINISTRY OF CARE & COMPANIONSHIP If you know
someone who is seriously ill, in the hospital or homebound
that would like a Parish Visitor or to receive Communion,
please contact the Parish Office.

GOT LIFE QUESTIONS? RCIA might be just for you. Come
journey with us as we explore the meaning of life and the
Catholic spirituality. Contact Anne Marie Reid at
reid.am@bellaliant.net to find out more about the R.C.I.A (Rite
of Christian Initiation of Adults) Program.

BAPTISM AND MARRIAGE PREPARATION: Contact the
Parish Office for details.

NO SCENTS MAKES GOOD SENSE! Please refrain from
wearing perfume/cologne to Mass. Thank you!